

#### Services that require authorization for Michigan providers

For Medicare Plus Blue<sup>SM</sup> Updated February 2024

Prior authorization requests for non-urgent medical services must be submitted prior to services being provided.

**Note:** This list is not all-inclusive. In addition, prior authorization of a service based on the clinical information provided doesn't guarantee payment. When the claim for the service is submitted, it may be subject to edits including, but not limited to, edits for diagnosis, frequency and dose. The outcome of those edits may override the initial authorization.

To determine whether a procedure code requires prior authorization, see the document titled <u>Determining prior</u> <u>authorization requirements for members</u>.

For more complete information about care management and utilization management requirements, refer to the <u>Medicare</u> <u>Plus Blue PPO Provider Manual</u>.

#### **Section 1: Authorization requirements**

To review the criteria we use to make determinations on prior authorization requests for specific services, see the <u>Authorization criteria and preview questionnaires</u> document on our ereferrals.bcbsm.com website.

| Services                                     | Requirements   |  |
|--|--|--|
| Ambulatory event monitors, implantable       | Prior authorization is required. Use the e-referral system to submit the request and complete the <u>Medicare implantable ambulatory event monitors questionnaire</u> .  |  |
| Autism treatment (applied behavior analysis) | Prior authorization is required. Treatment requires a diagnosis of autism spectrum disorder.   |  |
|  | For information about obtaining a comprehensive diagnostic autism evaluation, refer to the <u>Obtaining an autism diagnostic evaluation and finding treatment</u> PDF.   |  |
|  | Blue Cross Behavioral Health <sup>SM</sup> manages prior authorizations. For information about submitting prior authorization requests, see the <u>Blue Cross Behavioral Health:</u><br><u>Frequently asked questions for providers</u> PDF.             |  |
| Balloon ostial dilation                      | Prior authorization is required. Use the e-referral system to submit the request and complete the <u>Balloon ostial dilation questionnaire</u> .   |  |
| Blepharoplasty and repair of brow ptosis     | Prior authorization is required. Use the e-referral system to submit the request and complete the <u>Blepharoplasty and repair of brow ptosis questionnaire</u> .  |  |
| Cardiac ablation                             | Prior authorization is required. Use the e-referral system to submit the request, complete the questionnaire for <u>radiofrequency ablation (RFA)</u> , <u>cardiac</u> , <u>trigger</u> , and then complete one or more of the following questionnaires: |  |
|  | Radiofrequency ablation (RFA), cardiac atrial fibrillation or atrial flutter   |  |
|  | <u>Radiofrequency ablation (RFA), cardiac frequent monomorphic premature</u><br><u>ventricular contracts</u>   |  |
|  | Radiofrequency ablation (RFA), cardiac nonsustained ventricular tachycardia  |  |
|  | <u>Radiofrequency ablation (RFA), cardiac suspected AVNRT, AVRT or focal atrial</u><br><u>tachycardia</u>  |  |
|  | Radiofrequency ablation (RFA), cardiac sustained ventricular tachycardia   |  |
|  | <u>Radiofrequency ablation (RFA), cardiac treatment for preexcitation syndrome or</u><br><u>for Wolff-Parkinson-White syndrome</u>   |  |



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| Services  | Requirements   |
|---|--|
| Cardiology procedures<br>(including echocardiography<br>and cardiac implantable<br>services)<br>See also:<br>• Ambulatory event | <ul> <li>Prior authorization is required by Carelon Medical Benefits Management for select cardiac procedures when performed in freestanding diagnostic facilities, outpatient hospital settings, ambulatory surgery centers and physician offices. Refer to the <u>list of procedure codes</u> managed through Carelon and the Blue Cross <u>Cardiology Services</u> page at ereferrals.bcbsm.com. Contact Carelon at 1-800-728-8008.</li> <li>Cardiac resynchronization therapy</li> </ul>   |
| monitors, implantable   | Implantable cardioverter-defibrillator   |
| Cardiac ablation  | Arterial ultrasound  |
| Left atrial appendage     closure   |  |
| Cosmetic or reconstructive<br>surgery<br>See also:<br>• Blepharoplasty<br>• Rhinoplasty<br>• Septoplasty                        | Prior authorization is required. Use the e-referral system to submit the request.  |
| Deep brain stimulation  | <ul> <li>For dates of service on or after Jan. 1, 2024, prior authorization isn't required.</li> <li>For dates of service before Jan. 1, 2024, prior authorization is required. Use the e-referral system to submit the request.</li> </ul>  |
| Diabetes supplies   | <ul> <li>When covered under the medical (DME) benefit, diabetes supplies are covered as follows:</li> <li>For dates of service on or after Jan. 1, 2024, Northwood, Inc. is the preferred provider of diabetes supplies. Providers should call Northwood at 1-800-393-6432 to identify a contracted supplier. The supplier submits the prior authorization request to Northwood for review. For more information, see the provider FAQ.</li> <li>For dates of service before Jan. 1, 2024, J&amp;B Medical Supply is the preferred provider of diabetes supplies. Contact J&amp;B at 1-888-896-6233 or jandbmedical.com.**</li> <li>Diabetes supplies include items such as continuous glucose monitors, insulin pumps and supplies, and testing supplies.</li> <li>Prior authorization is required only in certain circumstances. Examples: when quantity limits are exceeded, when documentation is required, when the supplier is outside of the network or for reasons of medical necessity outside of the Blue Cross Inclusionary Criteria or Medicare Local Coverage Determination.</li> </ul> |
| Durable medical equipment<br>and prosthetics and orthotics<br>(DME and P&O)   | Northwood is the preferred provider for DME/P&O. Call Northwood at 1-800-393-6432 to identify a contracted supplier. The supplier submits the request to Northwood for review.   |
| Endovascular intervention, peripheral artery  | Prior authorization is required. Use the e-referral system to submit the request and complete the <u>endovascular intervention questionnaire</u> . The procedure codes to which this requirement applies are listed on the preview questionnaire.  |
| Endovenous ablation for treatment of varicose veins   | Prior authorization is required.   |



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| Gastric pacing / stimulation  | Prior authorization is required. Use the e-referral system to submit the request and complete the <u>gastric pacing / stimulation questionnaire</u> . The procedure codes to which this requirement applies are listed on the preview questionnaire.   |  |
| Hammertoe correction<br>surgery   | Prior authorization is required. Use the e-referral system to submit the request and complete the <u>hammertoe correction surgery questionnaire</u> . The procedure codes and related diagnoses codes to which this requirement applies are listed on the preview questionnaire.   |  |
| Home health care (by home health care agencies only)  | Home health care requires prior authorization through CareCentrix <sup>®</sup> . This applies to home health agencies both inside and outside of Michigan. Refer to the <u>Home health</u> <u>care: Quick reference guide</u> for information on how to submit prior authorization requests. For additional information, refer to the Blue Cross <u>Home-Based Services</u> <u>webpage</u> at ereferrals.bcbsm.com. Scroll to the Medicare Plus Blue section.  |  |
| Inpatient admissions to acute care facilities for medical diagnoses   | Prior authorization and approvals for extensions are required. Providers should notify Medicare Plus Blue of emergency admissions within one business day. Submit the request through the e-referral system.   |  |
|   | Note: Determinations on prior authorization requests for these admissions are based on InterQual <sup>®</sup> criteria (for all admissions) and on any associated Local Rules (for admissions that occurred prior to Aug. 1, 2023).  |  |
| Inpatient admissions for<br>mental health and substance<br>use disorders  | Prior authorization and approvals for extensions are required. For details, see the <u>Blue</u><br><u>Cross Behavioral Health: Frequently asked questions for providers</u> PDF.   |  |
| Inpatient admissions for post-<br>acute care services (inpatient<br>rehabilitation, skilled nursing<br>facility and long-term acute<br>care hospital) | See "Post-acute care services (long-term acute care, skilled nursing and rehabilitation facilities)."  |  |
| Intensive outpatient program for mental health and  | • For dates of service on or after Jan. 1, 2024, prior authorizations and approvals for extensions aren't required.  |  |
| substance use disorders   | • For dates of service before Jan. 1, 2024, prior authorizations and approvals for extensions are required. To submit a prior authorization request, do one of the following:  |  |
|   | <ul> <li>Call 1-888-803-4960 and select the appropriate prompt.</li> <li>Email Strategy Appendixed Detrophysics Comparing Compar</li></ul> |  |
| Left atrial appendage closure   | <ul> <li>Email <u>StrategyAppealsandRetrospectiveRequests@bcbsm.com</u>.</li> <li>Prior authorization is required. Use the e-referral system to submit the request and complete the left atrial appendage closure questionnaire.</li> </ul>  |  |
| Medical oncology drugs  | Medical oncology and supportive care drugs covered under the medical benefit require prior authorization through Carelon Medical Benefits Management. Refer to the <u>Medicare Advantage Medical Drug Prior Authorization and Step Therapy List</u> . Look in the "Submit authorization request through" columns to see which medications require authorization through Carelon.   |  |
| Medications covered under<br>the medical benefit (Medicare<br>Part B)   | For these requirements, refer to the <u>Medical Benefit Drugs page</u> in the Blue Cross section at ereferrals.bcbsm.com.  |  |



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|---|--|--|
| Musculoskeletal procedures<br>See also:<br>• Pain management  | Prior authorization is required for the musculoskeletal procedures associated with the codes on the document <u>Musculoskeletal procedure codes that require authorization by</u> <u>TurningPoint</u> .<br>Submit the request to TurningPoint Healthcare Solutions. Refer to the Blue Cross <u>Musculoskeletal Services page</u> at ereferrals.bcbsm.com for more information.   |  |
| Nasal sinus endoscopy<br>(sinusotomy or<br>ethmoidectomy)   | Prior authorization is required. Use the e-referral system to submit the prior authorization request and complete the <u>sinusotomy questionnaire</u> or the <u>ethmoidectomy questionnaire</u> , as appropriate. The procedure codes to which this requirement applies are listed on the preview questionnaires.  |  |
| Noncoronary vascular stents   | <ul> <li>For dates of service on or after Jan. 1, 2024, prior authorization isn't required.</li> <li>For dates of service before Jan. 1, 2024, prior authorization is required. Use the e-referral system to submit the prior authorization request.</li> </ul>  |  |
| Pain management<br>See also:<br>• Musculoskeletal<br>procedures   | Prior authorization is required for the pain management procedures associated with the codes on the document <u>Musculoskeletal procedure codes that require</u> <u>authorization by TurningPoint</u> .<br>Submit the request to TurningPoint Healthcare Solutions. Refer to the Blue Cross <u>Pain</u>  |  |
| Partial hospitalization<br>program-for mental health<br>and substance use disorders   | Management Services pageat ereferrals.bcbsm.com for more information.Prior authorization and approvals for extensions are required. For details, see the BlueCross Behavioral Health: Frequently asked questions for providersPDF.   |  |
| Physical and occupational therapy (outpatient)  | For dates of service on or before March 31, 2022, prior authorization is required by eviCore healthcare. Refer to the list of <u>Procedure codes that require authorization by</u> eviCore healthcare and to the document titled <u>Services reviewed by eviCore</u> healthcare for Blue Cross and BCN.  |  |
| Post-acute care services<br>(long-term acute care, skilled<br>nursing and inpatient<br>rehabilitation facilities)   | Prior authorization is required by Home & Community Care (formerly known as naviHealth, Inc.). Refer to the document <u>Post-acute care services: Frequently asked</u> <u>questions by providers</u> .   |  |
| Radiation oncology<br>Note: Authorization is not<br>required for services for<br>members who are enrolled in<br>a Medicare-approved clinical<br>trial.              | Prior authorization is required by eviCore healthcare for services performed for adult members in freestanding diagnostic facilities, outpatient hospital settings, ambulatory surgery centers and physician offices. Refer to the list of <u>Procedure codes that require</u> <u>authorization by eviCore healthcare</u> and to the document titled <u>Services reviewed by</u> <u>eviCore healthcare for Blue Cross and BCN</u> .  |  |
|   | Additional information is available on the <u>Oncology Services page</u> in the Blue Cross section at ereferrals.bcbsm.com.  |  |
| Radiology (advanced<br>imaging)<br>Note: Authorization is not<br>required for services for<br>members who are enrolled in<br>a Medicare-approved clinical<br>trial. | Prior authorization is required by Carelon Medical Benefits Management for select radiology (advanced imaging) procedures when performed in freestanding diagnostic facilities, outpatient hospital settings, ambulatory surgery centers and physician offices. Refer to the <u>list of procedure codes</u> managed by Carelon and the <u>Radiology</u> <u>Services, High Tech page</u> in the Blue Cross section of the <b>ereferrals.bcbsm.com</b> website. Contact Carelon at 1-800-728-8008. |  |



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| Rhinoplasty   | Prior authorization is required. Use the e-referral system to submit the prior authorization request and complete the <u>rhinoplasty (outpatient) questionnaire</u> .  |
| Sacral nerve<br>neuromodulation / stimulation                                     | Prior authorization is required. Use the e-referral system to submit the prior authorization request.  |
|   | Complete one of the following trigger questionnaires:  |
|   | <u>Sacral nerve or gastric stimulation trigger</u>   |
|   | Urinary or fecal incontinence trigger  |
|   | And then complete one of the following questionnaires:   |
|   | Sacral nerve neuromodulation / stimulation for fecal incontinence  |
|   | Sacral nerve neuromodulation / stimulation for urinary incontinence  |
| Septoplasty   | Prior authorization is required. Use the e-referral system to submit the request and complete the <u>septoplasty questionnaire</u> .   |
| Sleep studies, in-lab   | For dates of service on or after Oct. 9, 2023: Prior authorization is not required.  |
|   | For dates of service before Oct. 9, 2023: Prior authorization is required from Carelon Medical Benefits Management (formerly known as AIM Specialty Health) for in-lab sleep studies when performed in freestanding diagnostic facilities, outpatient hospital settings, ambulatory surgery centers and physician offices. Refer to the <u>list of procedure codes</u> managed by Carelon and the <u>Sleep Studies page</u> in the Blue Cross section of the <b>ereferrals.bcbsm.com</b> website. Contact Carelon at 1-800-728-8008. |
| Subacute detox  | <ul> <li>Inpatient subacute detox requires prior authorization. For details, see the <u>Blue</u><br/><u>Cross Behavioral Health: Frequently asked questions for providers</u> PDF.</li> <li>Outpatient subacute detox doesn't require prior authorization</li> </ul>   |
|   |  |
| Thyroidectomy   | Authorization is required for all members. Must complete the appropriate<br>questionnaire:   |
|   | <u>Thyroidectomy, partial</u>  |
|   | <u>Thyroidectomy, total</u>  |
| Transcatheter arterial chemoembolization, or TACE, and radioembolization of liver | Prior authorization is required. Use the e-referral system to submit the prior authorization request and complete the <u>TACE and radioembolization of liver tumors</u> <u>trigger questionnaire</u> and any subsequent questions that open, which may include:  |
| tumors  | <u>Transcatheter arterial chemoembolization of hepatic tumors (TACE)</u>   |
|   | <u>Radioembolization for tumors of the liver</u>   |
|   | The procedure codes to which this requirement applies are listed on the preview questionnaires.  |

#### **Contact information: Medicare Plus Blue**

| Purpose  | Contact information |
|--|---------------------|
| Behavioral Health – Request authorization                            | 1-888-803-4960      |
| Utilization Management – Request authorization for select procedures | 1-800-392-2512      |



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| Purpose   | Contact information |
|---|---------------------|
| Provider Inquiry – Verify eligibility and benefits and check the status of claims<br>and for questions about inpatient acute care admissions<br>Note: Provider Inquiry has an automated response system that is available 24/7. | 1-866-309-1719      |
| Pharmacy Clinical Help Desk – Request authorization for Part B and Part D medications   | 1-800-437-3803      |

#### **Contact information: Vendors**

| Vendor  | Service   | Contact information   |
|---|---|---|
| CareCentrix                                     | Manages authorizations for home health care, for episodes of care that start on or after June 1, 2021.  | For contact information, refer to the <u>Home</u> <u>health care: Quick reference guide</u> .   |
| Carelon<br>Medical<br>Benefits<br>Management    | <ul> <li>Manages authorization requests for:</li> <li>Select advanced imaging and cardiology services</li> <li>In-lab sleep studies – for dates of service before<br/>Oct. 9, 2023</li> <li>Medical oncology and supportive care drugs covered<br/>under the medical benefit</li> </ul> | careloninsights.com/medical-benefits-<br>management/specialty-care**<br>1-800-728-8008  |
| eviCore<br>healthcare <sup>®</sup>              | <ul> <li>Manages authorization requests for:</li> <li>Radiation oncology</li> <li>Physical therapy and occupational therapy, for dates of service on or before March 31, 2022</li> </ul>  | www.evicore.com**<br>For contact information, refer to the<br>document <u>Services reviewed by eviCore</u><br><u>healthcare for Blue Cross and BCN</u> .  |
| Home &<br>Community<br>Care                     | Manages authorization requests for post-acute care (inpatient rehabilitation facilities, long-term acute care hospitals and skilled nursing facilities).  | navihealth.com**<br>For details and contact information, refer<br>to the document Post-acute care services:<br>Frequently asked questions by providers.   |
| Northwood,<br>Inc.                              | Manages both prior authorizations and the supplier<br>network for durable medical equipment, prosthetics and<br>orthotics, and diabetes supplies. Northwood makes<br>determinations on prior authorization requests submitted<br>by their contracted suppliers.                         | Call Northwood's customer service<br>department at 1-800-393-6432 to identify<br>a contracted supplier. The supplier<br>submits the request to Northwood for<br>review.   |
| NovoLogix                                       | Web tool for submitting authorization requests for select<br>Part B specialty drugs covered under the medical benefit.  | To access the NovoLogix web tool, log in<br>to our provider portal ( <u>availity.com</u> **). Click<br><i>Payer Spaces</i> on the menu bar. Click the<br>BCBSM and BCN logo. Scroll down and<br>click the appropriate NovoLogix tile on the<br>Applications tab.  |
| TurningPoint<br>Healthcare<br>Solutions,<br>LLC | Manages authorizations for musculoskeletal procedures,<br>including pain management   | <ul> <li>Submit prior authorization requests<br/>through the TurningPoint Provider Portal,<br/>by phone or by fax. Refer to the following<br/>pages on <b>ereferrals.bcbsm.com</b>:</li> <li>Blue Cross <u>Musculoskeletal Services</u><br/><u>webpage</u></li> <li>Blue Cross <u>Pain Management</u><br/>Services</li> </ul> |



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#### Section 2: Procedure codes that require authorization

To determine which procedures codes require prior authorization for Medicare Plus Blue members, see the document titled <u>Procedure codes for which providers must request prior authorization</u>.

To access this document, go to **ereferrals.bcbsm.com**, click *Blue Cross*, click the *Prior Authorization* link in the left navigation and then click the *Procedure codes for which providers must request prior authorization* link.

#### Blue Dot changes to this document

| Service / topic  | Change description  |
|--|---|
| Transcatheter<br>arterial<br>chemoembolization,              | This document is updated to reflect that the <i>Vascular embolization or occlusion of hepatic tumors (TACE/RFA)</i> questionnaire in the e-referral system has been replaced by the following questionnaires:                   |
| or TACE, and radioembolization of                            | TACE and radioembolization of liver tumors trigger  |
| liver tumors   | Transcatheter arterial chemoembolization of hepatic tumors (TACE)   |
|  | Radioembolization for tumors of the liver   |
| Autism services<br>(applied behavior<br>analysis)            | This document is updated to outline the requirement for autism treatment.   |
| Services that don't require prior                            | This document is updated to show that the following services don't require prior authorization for dates of service on or after Jan. 1, 2024:   |
| authorization for dates of service on                        | Deep brain stimulation  |
| or after Jan. 1, 2024  | Noncoronary vascular stents   |
|  | Intensive outpatient treatment for mental health and substance use disorders  |
|  | Section 2 was updated to remove procedure codes that no longer require authorization.   |
| Subacute detox   | This document is updated to outline the requirements for subacute detox.  |
| Diabetes supplies  | This document is updated to show that Northwood is the preferred provider for diabetes supplies for dates of service on or after Jan. 1, 2024. Northwood manages prior authorizations and the supplier network.                 |
| Endovenous<br>ablation for<br>treatment of<br>varicose veins | This document is updated to show that a questionnaire no longer opens in the e-referral system for this service.  |
| Sacral nerve<br>neuromodulation /<br>stimulation             | This document is updated to open the preview questionnaires for the three new questionnaires in the e-referral system.  |
| Sleep studies, in lab  | This document is updated to show that in-lab sleep studies require authorization from Carelon only for dates of service before Oct. 9, 2023. For dates of service on or after Oct. 9, 2023, no prior authorization is required. |
| Balloon ostial<br>dilation                                   | This document is updated to open the preview questionnaire for the new <i>Ballon ostial dilation</i> questionnaire.   |



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| Service / topic  | Change description   |
|--|--|
| Endovascular<br>intervention   | This document was updated to remove procedure codes that are no longer managed by Blue Cross for dates of service on or after Sept. 1, 2023.   |
| Inpatient admissions<br>to acute care<br>facilities for medical<br>diagnoses | The information about inpatient admissions to acute care facilities for medical diagnoses is updated to show that determinations on prior authorization requests for these admissions are based on InterQual criteria (for all admissions) and on any associated Local Rules (for admissions that occurred prior to Aug. 1, 2023). |
| Blepharoplasty   | This document is updated to remove the link to the <i>Blepharoplasty, lower lid</i> questionnaire. This questionnaire was removed from the e-referral system on March 26, 2023.  |
| Various  | References to AIM Specialty Health are changed to Carelon Medical Benefits Management.   |
| Procedure codes<br>that require<br>authorization                             | This document is updated to remove procedure codes that no longer require prior authorization.   |

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