Breast reduction, adult

Blue Care Network provides coverage for this procedure for adult members who meet medical necessity criteria. Submit authorization requests through e-referral.

The submitter will receive a prompt to complete a questionnaire to determine the appropriateness of the requested service. The questions are listed below.

If all questions are answered, e-referral will either approve or pend the case. If the case pends and BCN cannot authorize it, BCN will contact the provider for additional clinical information. Authorization is not a guarantee of payment.

Payment is based on established claim edits. Compliance with this prior authorization requirement will be monitored retrospectively.

Applicable codes: *19318

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See below for the questions you’ll encounter in the e-referral system.

**Q** Is the patient old enough that her breasts are fully grown?

**A** Possible answers: □ Yes □ No □ N/A

**Q** Will more than one kilogram of tissue be removed from each breast?

**A** Possible answers: □ Yes □ No □ N/A

**Q** Will amount of tissue to be removed be greater than or equal to the 22 percentile on the Schnur Scale?

**A** Possible answers: □ Yes □ No □ N/A

**Q** Does the patient have pain in the neck and/or shoulders or postural backache of long-standing duration THAT CONTINUES AFTER conservative treatment such as appropriate support bra, exercises, heat/cold treatments or appropriate nonsteroidal anti-inflammatory agents or muscle relaxants (unless contraindicated or not tolerated)?

**A** Possible answers: □ Yes □ No □ N/A
See below for the questions you'll encounter in the e-referral system. (continued)

<table>
<thead>
<tr>
<th>Q</th>
<th>Does the patient have shoulder grooving?</th>
</tr>
</thead>
<tbody>
<tr>
<td>A</td>
<td>Possible answers: □ Yes □ No □ N/A</td>
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<table>
<thead>
<tr>
<th>Q</th>
<th>Does the patient have recurrent intertrigo (inflammation caused by the rubbing of one area of skin on another) between the breasts and the chest wall THAT CONTINUES AFTER dermatologic treatment?</th>
</tr>
</thead>
<tbody>
<tr>
<td>A</td>
<td>Possible answers: □ Yes □ No □ N/A</td>
</tr>
</tbody>
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