



Nonprofit corporations and independent licensees  
of the Blue Cross and Blue Shield Association

## Preview questionnaire Implantable ambulatory event monitors

For Blue Care Network commercial

Effective July 10, 2022

### Implantable ambulatory event monitors

We provide coverage for this procedure for adult and pediatric members who meet medical necessity criteria. Submit authorization requests through the e-referral system.

The submitter will receive a prompt to complete a questionnaire to determine the appropriateness of the requested service. The questions are listed below.

If all questions are answered, e-referral will either approve or pend the case. If the case pends and we cannot authorize it, we will contact the provider for additional clinical information. Authorization is not a guarantee of payment.

Payment is based on established claim edits. We may retrospectively monitor compliance with authorization requirements.

Applicable procedure codes: \*33285

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See below for the questions you'll encounter in the e-referral system.

**Q** Does the patient have symptoms suggestive of cardiac arrhythmias (for example palpitations, dizziness, presyncope or syncope)?

**A**

Possible answers:  Yes  No  N/A

**Q** Does the patient have atrial fibrillation, has been treated with catheter ablation and discontinuation of systemic anticoagulation is being considered?

**A**

Possible answers:  Yes  No  N/A

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**Q** Has the patient had cryptogenic shock?

**A**

Possible answers:  Yes  No  N/A

**Q** Is the request for an ambulatory event monitor and ONE of the following (A and B)? A. Patient is experiencing recurrent symptoms so infrequently that a prior trial of a Holter monitor or other external ambulatory event monitor has been unsuccessful. B. Patient requires long term monitoring for atrial fibrillation.

**A**

Possible answers:  Yes  No  N/A

**Q** Is an event monitor being requested for ONE of the following (A-C)? A. Monitoring asymptomatic patient with risk factors for arrhythmia. B. Detection of myocardial ischemia by detecting ST segment changes (intracardiac ischemia monitoring systems). C. Monitoring effectiveness of antiarrhythmic medications.

**A**

Possible answers:  Yes  No