Arthroscopy, knee (surgical) with meniscectomy or meniscus repair

Blue Care Network provides coverage for this procedure for adult members who meet medical necessity criteria. Submit prior authorization requests through the e-referral system.

The submitter will receive a prompt to complete a questionnaire to determine the appropriateness of the requested service. The questions are listed below.

If all questions are answered, e-referral will either approve or pend the case. If the case pends and BCN cannot authorize it, BCN will contact the provider for additional clinical information. Authorization is not a guarantee of payment.

Payment is based on established claim edits. Compliance with this prior authorization requirement will be monitored retrospectively.


*CPT codes, descriptions and two-digit numeric modifiers only are copyright 2017 American Medical Association. All rights reserved.

See below for the questions you'll encounter in the e-referral system for arthroscopy, knee (surgical) with meniscectomy or meniscus repair.

You must answer each question by choosing either Yes, No, Not Applicable or another appropriate option.

**Arthroscopy Knee (Surgical), with Meniscectomy or Meniscus Repair**

*Q* Does the patient have a STABLE meniscal tear with AT LEAST TWO of the following: joint effusion/swelling OR joint line tenderness OR pain with flexion and rotation OR knee giving way during activities involving knee rotation?

*A* Possible answers: □ Yes □ No

*Q* Does the patient have an UNSTABLE meniscal tear with EITHER true knee locking (the knee becomes “stuck” and cannot fully extend immediately after an injury) OR McMurray test that is positive? Note: True knee locking is not pseudolocking after an injury due to increased joint fluid, pain and muscle spasm.

*A* Possible answers: □ Yes □ No
See below for the questions you'll encounter for arthroscopy, knee (surgical) with meniscectomy or meniscus repair. (continued)

You must answer each question by choosing either Yes, No, Not Applicable or another appropriate option.

### Arthroscopy Knee (Surgical), with Meniscectomy or Meniscus Repair

<table>
<thead>
<tr>
<th>Question</th>
<th>Possible answers</th>
</tr>
</thead>
<tbody>
<tr>
<td>Does the patient have an isolated meniscal tear identified by imaging OR advanced imaging is not feasible due to the knee being in the locked position?</td>
<td>Yes, confirmed tear, Yes, advanced imaging not feasible/knee in the locked position, No, No imaging performed</td>
</tr>
<tr>
<td>Does the patient have a STABLE meniscal tear with continued symptoms or findings after treatment within the last year with NSAID (non-steroidal anti-inflammatory drugs) for at least 3 weeks (unless contraindicated or not tolerated)?</td>
<td>☐ Yes ☐ No</td>
</tr>
<tr>
<td>Does the patient have a STABLE meniscal tear with continued symptoms or findings after treatment within the last year with Physician directed home exercise program or physical therapy for at least 4 weeks?</td>
<td>☐ Yes ☐ No</td>
</tr>
<tr>
<td>Does the patient have a STABLE meniscal tear with continued symptoms or findings after treatment within the last year with activity modification for at least 4 weeks?</td>
<td>☐ Yes ☐ No</td>
</tr>
</tbody>
</table>