Authorization criteria: Knee replacement surgery, unicompartmental, initial
For BCN HMO℠ (commercial) and BCN Advantage℠ members
For Medicare Plus Blue℠ PPO members

Clinical review is required for adult members (age ≥18). The medical necessity criteria apply to different lines of business on different effective dates, based on when the questionnaire associated with the criteria is available in the e-referral system. The criteria are outlined below.

CPT code: *27446

For the indication of avascular necrosis, osteoarthritis or post-traumatic arthritis

MUST HAVE:
No signs or symptoms of active infection in any location in the body excluding bacteriuria AND all of the following:

1. At least TWO of the following symptoms:
   a. Pain in the knee increased with initiation of activity
   b. Pain in the knee increased with weight bearing
   c. Pain in the knee interferes with ADLs
   d. Pain with (active or passive) ROM

2. At least TWO of the following findings on exam:
   a. Limited (active or passive) ROM
   b. Crepitus
   c. Joint effusion or swelling

3. EITHER of the following:
   a. At least TWO of the following findings by X-ray of the tibiofemoral compartment:
      i. Subchondral cysts
      ii. Subchondral sclerosis
      iii. Periarticular osteophytes
      iv. Joint subluxation
      v. Joint narrowing
   b. Avascular necrosis by imaging

4. BOTH of the following:
   a. Imaging findings of preserved joint space in at least one tibiofemoral compartment
   b. Imaging findings of preserved joint space in patellofemoral compartment

5. Continued symptoms or findings after treatment with ALL of the following:
   a. NSAIDs or acetaminophen (unless contraindicated or not tolerated for at least 3 weeks)
   b. Physician-directed home exercise or PT for at least 12 weeks
   c. Activity modification for at least 12 weeks

References
Change Healthcare’s InterQual® 2018 Procedures Adult Criteria, Unicompartmental Knee Replacement

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