

Summary of utilization management programs for Michigan providers

For Blue Cross PPO (commercial), Blue Cross Medicare Plus BlueSM PPO,
BCN HMOSM (commercial) and BCN AdvantageSM

Revised August 2018

The tables that follow are not all-inclusive lists of procedures and services that require authorization. For more information, visit ereferrals.bcbsm.com. Look for the [Authorization Requirements & Criteria page](#) in the Blue Cross section and the [Authorization Requirements & Criteria page](#) in the BCN section of the website.

Behavioral health services (mental health and substance use disorders)

| Procedure or service | Is authorization required? / Who makes the determinations? | | | | |
|--|--|---|-------------------------------------|------------------------------|-------------------------------|
| | Blue Cross PPO fully insured groups | Blue Cross PPO administrative services contract groups | Blue Cross Medicare Plus Blue PPO | BCN HMO | BCN Advantage |
| Routine outpatient therapy in clinic or provider office | No | No | No | No | No |
| Outpatient autism services (applied behavior analysis) | Yes New Directions | Yes, if the group opts into the standard BlueCross autism program New Directions | No | Yes BCN Behavioral Health | Yes BCN Behavioral Health |
| Outpatient ECT and neurofeedback | No | No | No | Yes BCN Behavioral Health | Yes BCN Behavioral Health |
| Outpatient TMS | Yes New Directions | Yes, if the group offers the TMS benefit New Directions | No | Yes BCN Behavioral Health | Yes BCN Behavioral Health |
| Initial inpatient, residential or partial hospital | Yes New Directions | Yes New Directions | Yes Blue Cross Behavioral Health | Yes BCN Behavioral Health | Yes* BCN Behavioral Health |
| Intensive outpatient treatment | No | No | Yes Blue Cross Behavioral Health | Yes BCN Behavioral Health | Yes BCN Behavioral Health |
| Subacute detox | Yes New Directions | Yes New Directions | Yes Blue Cross Behavioral Health | Yes BCN Behavioral Health | Yes BCN Behavioral Health |
| Physical, occupational and speech therapy with a diagnosis of autism | No | No | Not applicable | No | Not applicable |

*Note: BCN Advantage does not have a residential mental health treatment benefit.

Non-behavioral health services

| Procedure or service | Is authorization required? / Who makes the determinations? | | | | |
|----------------------|---|---|-----------------------------------|---|---------------|
| | Blue Cross PPO fully insured groups | Blue Cross PPO administrative services contract groups | Blue Cross Medicare Plus Blue PPO | BCN HMO | BCN Advantage |
| Air ambulance | Yes Alacura Medical Transport Management, for non-emergency flights only | Yes Alacura Medical Transport Management, for non-emergency flights only | No | Yes Alacura Medical Transport Management, for non-emergency flights only | No |

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|--|---|---|---|--|--|
| | Blue Cross PPO fully insured groups | Blue Cross PPO administrative services contract groups | Blue Cross Medicare Plus Blue PPO | BCN HMO | BCN Advantage |
| Cardiology | No | No | No | Yes AIM Specialty Health, for dates of service on or after Oct. 1, 2018 Note: eviCore healthcare handles for dates of service prior to Oct. 1, 2018, including postservice requests. Refer to the AIM-Managed Procedures page. | Yes AIM Specialty Health, for dates of service on or after Oct. 1, 2018 Note: eviCore healthcare handles for dates of service prior to Oct. 1, 2018, including postservice requests. Refer to the AIM-Managed Procedures page. |
| Chiropractic services | No | No | No | Yes BCN Utilization Management | Yes BCN Utilization Management |
| Durable medical equipment | No | No | No | Yes Northwood, Inc. | Yes Northwood, Inc. |
| Genetic testing | No | No | No | Yes Joint Venture Hospital Laboratories | Yes Joint Venture Hospital Laboratories |
| Inpatient admissions, acute care (hospitals) | Yes Blue Cross Utilization Management | Yes Blue Cross Utilization Management | Yes Blue Cross Utilization Management | Yes BCN Utilization Management | Yes BCN Utilization Management |
| Interventional pain management | Yes eviCore healthcare | No | Yes eviCore healthcare | Yes eviCore healthcare | Yes eviCore healthcare |
| Joint surgery (knee, hip, shoulder) | No | No | Yes Blue Cross Utilization Management | Yes BCN Utilization Management | Yes BCN Utilization Management |
| Physical and occupational therapy (non-autism) | No | No | Yes eviCore healthcare | Yes eviCore healthcare | Yes eviCore healthcare |
| Post-acute care (SNF, rehab, LTAC) | Yes (notification only) Blue Cross Utilization Management | Yes (notification only) Blue Cross Utilization Management | Yes eviCore healthcare | Yes BCN Utilization Management | Yes BCN Utilization Management |
| Proton beam therapy | Yes eviCore healthcare | Yes AIM Specialty Health | Yes eviCore healthcare | Yes eviCore healthcare | Yes eviCore healthcare |
| Radiation oncology | Yes eviCore healthcare | No | Yes eviCore healthcare | Yes eviCore healthcare | Yes eviCore healthcare |

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| | Blue Cross PPO fully insured groups | Blue Cross PPO administrative services contract groups | Blue Cross Medicare Plus Blue PPO | BCN HMO | BCN Advantage |
| Radiology procedures (high-tech imaging) | Yes AIM Specialty Health | Yes AIM Specialty Health | Yes AIM Specialty Health | Yes AIM Specialty Health, for dates of service on or after Oct. 1, 2018 Note: eviCore healthcare handles for dates of service prior to Oct. 1, 2018, including postservice requests. Refer to the AIM-Managed Procedures page. | Yes AIM Specialty Health, for dates of service on or after Oct. 1, 2018 Note: eviCore healthcare handles for dates of service prior to Oct. 1, 2018, including postservice requests. Refer to the AIM-Managed Procedures page. |
| Sleep studies | Yes AIM Specialty Health | Yes AIM Specialty Health | No | Yes BCN Utilization Management | Yes BCN Utilization Management |
| Spine surgery - cervical | No | No | No | Yes BCN Utilization Management | Yes BCN Utilization Management |
| Spine surgery - lumbar | Yes eviCore healthcare | No | Yes eviCore healthcare | Yes BCN Utilization Management | Yes BCN Utilization Management |
| Speech therapy (non-autism) | No | No | No | Yes eviCore healthcare | Yes eviCore healthcare |
| Transplants | Yes Blue Cross Utilization Management | Yes Blue Cross Utilization Management | No | Yes BCN Utilization Management | Yes BCN Utilization Management |