

### For residential mental health treatment: adult/geriatric and child/adolescent members

#### BCN 2018 Local Rules: Adult/Geriatric Residential Mental Health Treatment

In applying InterQual<sup>®</sup> 2018 criteria to different benefit packages, Blue Cross Blue Shield of Michigan and Blue Care Network have adopted local rules. These local rules apply to all BCN HMO (commercial) members statewide whose care is coordinated by BCN's Behavioral Health department. The following local rules for service requirements were developed or revised for use with InterQual's Adult/Geriatric Psychiatry – Residential Treatment Center criteria:

Note: InterQual criteria for Episode Day 1 (Severe and persistent mental illness and unable to be managed at less intensive level of care – Current residence – Homelessness) is superseded by BCN benefits, which state that housing is not a benefit. This criteria point will not be used to evaluate requests for this level of care.

<b>Adult and Geriatric Psychiatry – Residential Treatment Center</b>	
<b>InterQual 2018 Standard</b>	<b>BCN 2018 Accepted Practice Standard</b>
<b>Psychiatric Evaluation</b>	
<ul style="list-style-type: none"> <li>Initial within 1 business day, subsequent at least 1 time per week</li> </ul>	<b>Rule:</b> <ul style="list-style-type: none"> <li>Initial within 48 hrs of admission, then 2x/week thereafter</li> </ul>
<b>Supervision/Clinical Coverage</b>	
<ul style="list-style-type: none"> <li>Psychiatrist at least 1 time per week</li> <li>Nursing staff onsite or on call 24 hours per day</li> <li>Medication reconciliation initiated within 24 hours</li> </ul>	<b>Rule:</b> <ul style="list-style-type: none"> <li>Supervision by clinical staff, techs, etc., 24/7</li> <li>Psychiatrist onsite at least twice weekly, but on call 24/7</li> <li>Nursing staff on-site or on-call (within 60 minutes) 24/7</li> <li>Medication reconciliation completed within 24 hours of admission</li> <li>Medication administration/supervision at least daily</li> </ul>
<b>Assessment</b>	
<ul style="list-style-type: none"> <li>Psychosocial and substance abuse evaluation within 48 hours</li> <li>Toxicology screen, quantitative drug analysis, self-help, 12-step, or education group as needed</li> <li>Clinical assessment at least 1 time per day</li> <li>Medical history and physical examination within 12 months prior to admission or within 30 days after admission</li> </ul>	<b>Rule:</b> <ul style="list-style-type: none"> <li>Initial treatment and discharge plan within 24 hours of admission, updated weekly thereafter</li> <li>Psychiatric assessment conducted at least twice weekly.</li> <li>Psychosocial and substance abuse evaluation within 48 hours of admission, and clinical assessment (psychology, social work, psychiatry/psych RN, etc.) daily</li> <li>Toxicology screen, quantitative drug analysis, self-help, 12-step, or education group as needed</li> <li>Medical physical within 12 months prior to admission or within 30 days after admission</li> <li>Clinical assessment (psychology, social work, psychiatry/psych RN, etc.) at least 1 time per day</li> </ul>

### For residential mental health treatment: adult/geriatric and child/adolescent members

#### BCN 2018 Local Rules: Adult/Geriatric Residential Mental Health Treatment (continued)

Adult and Geriatric Psychiatry – Residential Treatment Center	
InterQual 2018 Standard	BCN 2018 Accepted Practice Standard
<b>Therapy/Treatment</b>	
<ul style="list-style-type: none"> <li>Individual/group/family therapy at least 2 times per week</li> <li>Structured therapeutic program at least 4 hours per day</li> </ul>	<b>Rule:</b> <ul style="list-style-type: none"> <li>Individual treatment at least twice weekly</li> <li>Group therapy at least 12.5hrs/week</li> <li>Family therapy: face-to-face at least weekly unless contraindicated and with documented satisfactory rationale as to why this would not occur</li> <li>OT/recreation therapy at least 4x/week, with at least 4 hrs each weekend day</li> </ul>

#### BCN 2018 Local Rules: Child/Adolescent Residential Mental Health Treatment

In applying InterQual 2018 criteria to different benefit packages, Blue Cross Blue Shield of Michigan and Blue Care Network have adopted local rules. These local rules apply to all BCN HMO (commercial) members statewide whose care is coordinated by BCN's Behavioral Health department. The following local rules for service requirements were developed or revised for use with InterQual's Child/Adolescent Psychiatry – Residential Treatment Center criteria:

Child and Adolescent Psychiatry – Residential Treatment Center	
InterQual 2018 Standard	BCN 2018 Accepted Practice Standard
<b>Psychiatric Evaluation</b>	
<ul style="list-style-type: none"> <li>Initial within 1 business day, subsequent at least 1 time per week</li> </ul>	<b>Rule:</b> <ul style="list-style-type: none"> <li>Initial within 48 hrs of admission, then 2x/week thereafter</li> </ul>
<b>Supervision/Clinical Coverage</b>	
<ul style="list-style-type: none"> <li>"Awake adult supervision 24 hours per day"</li> <li>Psychiatrist at least 1 time per week</li> <li>Nursing staff onsite or on call 24 hours per day</li> <li>Medication reconciliation initiated within 24 hours</li> </ul>	<b>Rule:</b> <ul style="list-style-type: none"> <li>Supervision by clinical staff, techs, etc., 24/7</li> <li>Psychiatrist onsite at least twice weekly, but on call 24/7</li> <li>Nursing staff onsite or on call (within 60 minutes) 24/7</li> <li>Medication reconciliation completed within 24 hours of admission</li> <li>Medication administration/supervision at least daily</li> </ul>

## For residential mental health treatment: adult/geriatric and child/adolescent members

### BCN 2018 Local Rules: Child/Adolescent Residential Mental Health Treatment (continued)

Child and Adolescent Psychiatry – Residential Treatment Center	
InterQual 2018 Standard	BCN 2018 Accepted Practice Standard
<b>Assessment</b>	
<ul style="list-style-type: none"> <li>• Psychosocial and substance abuse evaluation within 48 hours</li> <li>• Toxicology screen, quantitative drug analysis, self-help, 12-step, or education group as needed</li> <li>• Clinical assessment at least 1 time per day</li> </ul>	<p><b>Rule:</b></p> <ul style="list-style-type: none"> <li>• Initial treatment and discharge plan within 24 hours of admission, updated weekly thereafter</li> <li>• Psychiatric assessment conducted at least twice weekly.</li> <li>• Psychosocial and substance abuse evaluation within 48 hours of admission</li> <li>• Toxicology screen, quantitative drug analysis, self-help, 12-step, or education group as needed</li> <li>• Medical physical within 6 months prior to admission or within 30 days after admission</li> <li>• Clinical assessment (psychology, social work, psychiatry/psych RN, etc.) at least daily</li> </ul>
<b>Therapy/Treatment</b>	
<ul style="list-style-type: none"> <li>• Individual/group/family therapy at least 3 times per week</li> <li>• School or vocational program</li> </ul>	<p><b>Rule:</b></p> <ul style="list-style-type: none"> <li>• Individual treatment at least twice weekly</li> <li>• Group therapy at least 12.5hrs/week</li> <li>• Family therapy: face-to-face at least weekly unless contraindicated and with documented satisfactory rationale as to why this would not occur</li> <li>• OT/recreation therapy at least 4x/week, with at least 4 hrs each weekend day</li> <li>• School or vocational program</li> </ul>
<b>Service coordination</b>	
<ul style="list-style-type: none"> <li>• No explicit reference to coordination with external service providers (psychiatrist/therapist, social services, CMH, medical providers as indicated, etc.)</li> </ul>	<p><b>Rule:</b></p> <ul style="list-style-type: none"> <li>• Coordination with external supports and providers as needed/applicable</li> </ul>