

## For treatment of substance use disorders: partial hospital program and intensive outpatient program — episode week 1

In applying InterQual<sup>®</sup> 2021 criteria to different benefit packages, Blue Cross Blue Shield of Michigan and Blue Care Network have adopted local rules. These local rules apply to all BCN commercial, BCN Advantage and Medicare Plus Blue members statewide whose care is coordinated by BCN's and Medicare Plus Blue's Behavioral Health department.

The following local rules for service requirements were developed or revised for use with InterQual's criteria for:

- Substance Use Disorders – Partial Hospital Program – Admission, Week 1
- Substance Use Disorders – Intensive Outpatient Program – Admission, Week 1

<b>Substance Use Disorders – Partial Hospital Program – Admission, Week 1</b>	
<b>From: InterQual 2021 Standard</b>	<b>To: Blue Cross / BCN 2021 Accepted Practice Standard</b>
<ul style="list-style-type: none"> <li>• Requires structure and supervision 5 days per week to achieve or maintain abstinence (one or more):               <ul style="list-style-type: none"> <li>○ Abstinent and high risk of relapse (one or more):                   <ul style="list-style-type: none"> <li>- Discharge from a controlled environment within last 24 hours (all):                       <ul style="list-style-type: none"> <li>▪ Inadequate coping skills and requires monitoring and reinforcement</li> <li>▪ Lacks daily structure</li> <li>▪ Lacks relapse prevention skills</li> <li>▪ Unable to stop substance use prior to admission or incarceration</li> </ul> </li> </ul> </li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>• Requires structure and supervision 5 days per week to achieve or maintain abstinence (one or more):               <ul style="list-style-type: none"> <li>○ Abstinent and high risk of relapse (one or more):                   <ul style="list-style-type: none"> <li>- Discharge from a controlled environment and member to begin partial hospital program within last week (all):                       <ul style="list-style-type: none"> <li>▪ Inadequate coping skills and requires monitoring and reinforcement</li> <li>▪ Lacks daily structure</li> <li>▪ Lacks relapse prevention skills</li> <li>▪ Unable to stop substance use prior to admission or incarceration</li> </ul> </li> </ul> </li> </ul> </li> </ul>
<b>Substance Use Disorders – Intensive Outpatient Program – Admission, Week 1</b>	
<b>From: InterQual 2021 Standard</b>	<b>To: Blue Cross / BCN 2021 Accepted Practice Standard</b>
<ul style="list-style-type: none"> <li>• Treatment history (one):               <ul style="list-style-type: none"> <li>○ Discharge or transfer from a controlled environment (both):                   <ul style="list-style-type: none"> <li>- Discharge within last 24 hours</li> <li>- Unable to achieve or maintain abstinence prior to admission or incarceration</li> </ul> </li> <li>○ Discharge or transfer from more intensive level of substance use disorder treatment within last 24 hours</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>• Treatment history (one):               <ul style="list-style-type: none"> <li>○ Discharge or transfer from a controlled environment (both):                   <ul style="list-style-type: none"> <li>- Discharge within last week</li> <li>- Unable to achieve or maintain abstinence prior to admission or incarceration</li> </ul> </li> <li>○ Discharge or transfer from authorized more intensive level of substance use disorder treatment within last week</li> </ul> </li> </ul>