

Clinical review is required for adult members (age ≥18). The medical necessity criteria are outlined below.

CPT code: *60210, *60212, *60220, *60225

Goiter

ONE of the following must be met:

1. Airway compromise by imaging
2. Esophageal compression by imaging
3. Recurrent laryngeal nerve compression by endoscopy

Noninvasive follicular thyroid neoplasm with papillary-like nuclear features (NIFTP)

Patient had diagnosis of noninvasive follicular thyroid neoplasm with papillary-like nuclear features (NIFTP).

Thyroid cancer by fine needle aspiration (FNA)

ALL the following must be met:

1. Papillary thyroid cancer
2. Head or neck or whole body radiation by history
3. Tumor size ≥ 1 cm and ≤ 4 cm

Thyroid nodule by fine needle aspiration (FNA)

ONE the following must be met:

1. Bethesda I x2 samples and ONE of the following:
 - a. Ultrasound (US) findings suggestive of malignancy with ONE or more of the following:
 - i. Microcalcifications
 - ii. Nodule hypoechogenicity
 - iii. Irregular margins
 - iv. Intranodular vascularity
 - v. Taller than wide shape
 - b. ONE of the following:
 - i. Thyroid cancer by family history
 - ii. Known hereditary thyroid cancer-related genetic mutation
 - iii. Head or neck or whole body radiation by history
 - iv. Nodule growth or nodule > 4 cm by imaging
 - v. Cervical lymphadenopathy by physical examination or imaging
 - vi. Compression of adjacent structures or recurrent laryngeal nerve compression by physical examination or testing
 - vii. Symptoms of compression including hoarseness or dysphagia or dysphonia or dyspnea
 - viii. Patient prefers surgery
2. Bethesda II and ONE of the following:
 - a. Ultrasound (US) findings suggestive of malignancy with ONE or more of the following:
 - i. Microcalcifications
 - ii. Nodule hypoechogenicity
 - iii. Irregular margins
 - iv. Intranodular vascularity
 - v. Taller than wide shape



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Authorization criteria: Thyroidectomy, Partial

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- b. ONE of the following:
 - i. Nodule growth or nodule > 4 cm by imaging
 - ii. Compression of adjacent structures or recurrent laryngeal nerve compression by physical examination or testing
 - iii. Symptoms of compression including hoarseness or dysphagia or dysphonia or dyspnea
3. Bethesda III, IV or V AND NONE of the following:
 - a. Tumor > 4 cm in diameter by imaging
 - b. Known metastases
 - c. Extrathyroidal extension
 - d. Poorly differentiated cytology
 - e. Bilateral lobe disease
 - f. Head or neck or whole body radiation by history
 - g. Radioactive iodine (RAI) therapy planned

References

Change Healthcare's InterQual[®] 2021 Thyroidectomy, Partial