

In this document

BCN commercial members only: Referral and plan notification requirements 1

Services that require prior authorization 2

 Behavioral health services (mental health and substance use disorders) 2

 Non-behavioral health services 4

This document describes the referral and plan notification requirements that apply to Blue Cross Blue Shield of Michigan and Blue Care Network members. It also summarizes the types of procedures and services that require prior authorization for Blue Cross and BCN members and indicates which entity manages prior authorizations.

Note: To view prior authorization requirements for MESSA members, see the document titled [MESSA's list of services requiring mandatory prior authorization](#)* at [messa.org](#).

BCN commercial members only: Referral and plan notification requirements

Referral and plan notification requirements apply only to BCN commercial members. They don't apply to Blue Cross commercial, Medicare Plus Blue or BCN Advantage members.

	Blue Cross commercial fully insured	Blue Cross commercial self-funded groups	Medicare Plus Blue	BCN commercial	BCN Advantage
Referral and plan notification	No	No	No	Yes – varies by region and product	No

Submit referral requests and plan notifications through the e-referral system, as outlined in the [e-referral User Guide](#).

When are referrals needed? BCN commercial's referral requirements vary based on region and the BCN product through which the member has coverage.

What is plan notification? Plan notification alerts BCN to a scheduled service and facilitates claims payment (clinical review isn't needed). BCN commercial's plan notification requirement varies based on region.

When are referrals and plan notifications required? Providers must follow the requirements that apply to the region in which the headquarters for their medical care group is located.

- In the East and Southeast regions, submit referral requests and plan notifications to BCN through the e-referral system.
- In the Mid, West and Upper Peninsula regions, referrals and plan notifications **aren't** required. Providers don't need to submit anything in the e-referral system.

Notes:

- See [Michigan providers: BCN global referral, plan notification and prior authorization requirements](#) for additional information about referrals and plan notifications.
- In all regions, prior authorization is required when the provider is out-of-network for the member's plan. See the [Michigan providers: BCN global referral, plan notification and prior authorization requirements](#) document for additional details.

Services that require prior authorization

The tables that follow are not all-inclusive lists of procedures and services that require prior authorization. For more information, visit ereferrals.bcbsm.com.

Note: The information in these tables is for summary purposes only. For Blue Cross commercial members, not all services in the categories listed require prior authorization for every employer group. The lists of groups identified as excluded from specific authorization requirements are not all-inclusive. Providers are responsible for identifying the need for prior authorization through our provider portal (availity.com*) or through Provider Inquiry. Providers are responsible for contacting Blue Cross, BCN or the designated vendor to obtain prior authorization for services.

Behavioral health services (mental health and substance use disorders)

Procedure or service	Is prior authorization required? / Who makes the determinations				
	Blue Cross commercial fully insured	Blue Cross commercial self-funded groups	Medicare Plus Blue	BCN commercial	BCN Advantage
	Refer to the Blue Cross Behavioral Health page.	Refer to the Blue Cross Behavioral Health page.	Refer to the Blue Cross Behavioral Health page.	Refer to the BCN Behavioral Health page.	Refer to the BCN Behavioral Health page.
Routine outpatient therapy in clinic or provider office	No	No	No	No	No
Outpatient autism services (applied behavior analysis)	Yes Blue Cross Behavioral Health SM	Yes, if the group opts into the standard BlueCross autism program Blue Cross Behavioral Health	Yes Blue Cross Behavioral Health	Yes Blue Cross Behavioral Health	Yes Blue Cross Behavioral Health
Outpatient ECT	No	No	No	No For dates of service on or after Jan. 1, 2023	No For dates of service on or after Jan. 1, 2023

Summary of utilization management programs for Michigan providers

For Blue Cross commercial, Medicare Plus BlueSM,
Blue Care Network commercial and BCN AdvantageSM

Revised February 2025

Procedure or service	Is prior authorization required? / Who makes the determinations				
	Blue Cross commercial fully insured	Blue Cross commercial self-funded groups	Medicare Plus Blue	BCN commercial	BCN Advantage
	Refer to the Blue Cross Behavioral Health page.	Refer to the Blue Cross Behavioral Health page.	Refer to the Blue Cross Behavioral Health page.	Refer to the BCN Behavioral Health page.	Refer to the BCN Behavioral Health page.
Outpatient neurofeedback	No	No	No	No For dates of service on or after Jan. 1, 2024 Yes For dates of service before Jan. 1, 2024 Blue Cross Behavioral Health	No For dates of service on or after Jan. 1, 2024 Yes For dates of service before Jan. 1, 2024 Blue Cross Behavioral Health
Outpatient TMS	Yes Blue Cross Behavioral Health	Yes , if the group offers the TMS benefit Blue Cross Behavioral Health	No	Yes Blue Cross Behavioral Health	Yes Blue Cross Behavioral Health
Initial inpatient, residential or partial hospital	Yes Blue Cross Behavioral Health	Yes Blue Cross Behavioral Health	Yes¹ Blue Cross Behavioral Health	Yes Blue Cross Behavioral Health	Yes¹ Blue Cross Behavioral Health
Intensive outpatient treatment	No	No	No For dates of service on or after Jan. 1, 2024 Yes For dates of service before Jan. 1, 2024 Blue Cross Behavioral Health	No For dates of service on or after Jan. 1, 2024 Yes For dates of service before Jan. 1, 2024 Blue Cross Behavioral Health	No For dates of service on or after Jan. 1, 2024 Yes For dates of service before Jan. 1, 2024 Blue Cross Behavioral Health
Subacute detox, inpatient	Yes Blue Cross Behavioral Health	Yes Blue Cross Behavioral Health	Yes Blue Cross Behavioral Health	Yes Blue Cross Behavioral Health	Yes Blue Cross Behavioral Health
Subacute detox, outpatient — for providers who are contracted to provide this service	No	No	No	No	No

¹Note: Medicare Plus Blue and BCN Advantage don't have a residential mental health treatment benefit.

Summary of utilization management programs for Michigan providers

For Blue Cross commercial, Medicare Plus BlueSM,
Blue Care Network commercial and BCN AdvantageSM

Revised February 2025

Non-behavioral health services

Procedure or service	Is prior authorization required? / Who makes the determination?				
	Blue Cross commercial fully insured	Blue Cross commercial self-funded groups	Medicare Plus Blue	BCN commercial	BCN Advantage
Air ambulance	Yes Alacura Medical Transport Management, for non-emergency flights only	Yes Alacura Medical Transport Management, for non-emergency flights only	No	Yes Alacura Medical Transport Management, for non-emergency flights only	No
	Refer to the Blue Cross Air Ambulance Services page.			Refer to the BCN Air Ambulance Services page.	
Cardiology (See also: Echocardiology)	Yes For dates of service on or after Sept. 1, 2023 Carelon Medical Benefits Management Refer to the Blue Cross Cardiology Services page. No For dates of service before Sept. 1, 2023	No	Yes Carelon Refer to the Blue Cross Cardiology Services page.	Yes Carelon Refer to the BCN Cardiology Services page.	Yes Carelon Refer to the BCN Cardiology Services page.
Chiropractic services	No	No	No	Yes BCN Utilization Management	Yes BCN Utilization Management
				Refer to the BCN Chiropractic Services page	
Continuous glucose monitor products Prior authorization could be required in certain circumstances. Northwood, Inc. or the network pharmacy will coordinate prior authorization requests as needed. See also: Continuous glucose monitor products: FAQs for prescribing providers	Yes Northwood (preferred provider) Members who have pharmacy benefits through Blue Cross can also obtain CGM products through a participating network pharmacy. Refer to the Blue Cross Diabetes Supplies page.	No The dispensing DME supplier may require the member to fulfill coverage criteria. (Northwood doesn't manage prior authorizations for Blue Cross commercial self-funded groups.) Members who have pharmacy benefits through Blue Cross can also obtain CGM products through a participating network pharmacy. Prior authorization may be required.	Yes For dates of service on or after Oct. 1, 2024 Submit prescription to network pharmacy Exception: UAW Retiree Medical Benefits Trust members must obtain CGMs through a DME supplier. For dates of service before Oct. 1, 2024 Northwood, Inc. (preferred provider) Refer to the Blue Cross Diabetes Supplies page.	Yes Northwood, Inc. Members who have pharmacy benefits through BCN can also obtain CGM products through a participating network pharmacy. Refer to the BCN Diabetes Supplies page.	Yes For dates of service on or after Oct. 1, 2024 Submit prescription to network pharmacy Exception: UAW Retiree Medical Benefits Trust members must obtain CGMs through Northwood. For dates of service before Oct. 1, 2024 Northwood, Inc. Refer to the BCN Diabetes Supplies page.

Summary of utilization management programs for Michigan providers

For Blue Cross commercial, Medicare Plus BlueSM,
Blue Care Network commercial and BCN AdvantageSM

Revised February 2025

Procedure or service	Is prior authorization required? / Who makes the determination?				
	Blue Cross commercial fully insured	Blue Cross commercial self-funded groups	Medicare Plus Blue	BCN commercial	BCN Advantage
<p>Diabetes supplies</p> <p>Prior authorization is required only in certain circumstances; see the provider FAQ for details.</p> <p>See also: Continuous glucose monitors and supplies</p>	<p>Yes</p> <p>Northwood, Inc. (preferred provider)</p> <p>Refer to the Blue Cross Diabetes Supplies page.</p>	<p>No</p>	<p>Yes</p> <p>For dates of service on or after Jan. 1, 2024</p> <p>Northwood, Inc. (preferred provider)</p> <p>For dates of service before Jan. 1, 2024</p> <p>J&B Medical Supply (preferred provider)</p> <p>Refer to the Blue Cross Diabetes Supplies page.</p>	<p>Yes</p> <p>For dates of service on or after Jan. 1, 2024</p> <p>Northwood, Inc.</p> <p>For dates of service before Jan. 1, 2024</p> <p>J&B Medical Supply</p> <p>Refer to the BCN Diabetes Supplies page.</p>	<p>Yes</p> <p>For dates of service on or after Jan. 1, 2024</p> <p>Northwood, Inc.</p> <p>For dates of service before Jan. 1, 2024</p> <p>J&B Medical Supply</p> <p>Refer to the BCN Diabetes Supplies page.</p>
<p>Durable medical equipment and prosthetics and orthotics</p> <p>See also: Continuous glucose monitors and supplies</p>	<p>Yes</p> <p>Northwood, Inc. (preferred provider)</p> <p>Refer to the Blue Cross DME/P&O page.</p>	<p>No</p>	<p>Yes</p> <p>Northwood, Inc. (preferred provider)</p> <p>Refer to the Blue Cross DME/P&O page.</p>	<p>Yes</p> <p>Northwood, Inc.</p> <p>Refer to the BCN DME/P&O page.</p>	<p>Yes</p> <p>Northwood, Inc.</p> <p>Refer to the BCN DME/P&O page.</p>
<p>Echocardiology</p> <p>(See also: Cardiology)</p>	<p>Yes</p> <p>Carelon Medical Benefits Management</p> <p>Refer to the Blue Cross Cardiology Services page.</p>	<p>Yes</p> <p>Carelon</p> <p>For all groups except JAW Retiree Medical Benefits Trust, Blue Cross and Blue Shield Federal Employee Program®, State of Michigan plans and select Ascension Health groups</p> <p>Refer to the Blue Cross Cardiology Services page.</p>	<p>Yes</p> <p>Carelon</p> <p>Refer to the Blue Cross Cardiology Services page.</p>	<p>Yes</p> <p>Carelon</p> <p>Refer to the BCN Cardiology Services page.</p>	<p>Yes</p> <p>Carelon</p> <p>Refer to the BCN Cardiology Services page.</p>
<p>Genetic and molecular testing</p>	<p>No</p>	<p>No</p>	<p>No</p>	<p>Yes</p> <p>Joint Venture Hospital Laboratories</p> <p>Refer to the BCN Laboratory Services page.</p>	<p>Yes</p> <p>Joint Venture Hospital Laboratories</p> <p>Refer to the BCN Laboratory Services page.</p>
<p>Home health care services</p>	<p>No</p>	<p>No</p>	<p>No</p>	<p>No</p>	<p>No</p>
<p>Inpatient admissions, acute care (hospitals)</p>	<p>Yes</p> <p>Blue Cross Utilization Management</p> <p>Refer to the Blue Cross Acute Inpatient Medical and Surgical Admissions page.</p>	<p>Yes</p> <p>Blue Cross Utilization Management</p> <p>Refer to the Blue Cross Acute Inpatient Medical and Surgical Admissions page.</p>	<p>Yes</p> <p>Blue Cross Utilization Management</p> <p>Refer to the Blue Cross Acute Inpatient Medical and Surgical Admissions page.</p>	<p>Yes</p> <p>BCN Utilization Management</p> <p>Refer to the BCN Acute Inpatient Medical and Surgical Admissions page.</p>	<p>Yes</p> <p>BCN Utilization Management</p> <p>Refer to the BCN Acute Inpatient Medical and Surgical Admissions page.</p>
				<p>See also: Guidelines for bundling admissions</p>	

Summary of utilization management programs for Michigan providers

For Blue Cross commercial, Medicare Plus BlueSM,
Blue Care Network commercial and BCN AdvantageSM

Revised February 2025

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	Blue Cross commercial fully insured	Blue Cross commercial self-funded groups	Medicare Plus Blue	BCN commercial	BCN Advantage
Joint surgery – knee, hip, shoulder (See also: Musculoskeletal procedures, other)	Yes TurningPoint	Yes, for select groups TurningPoint For UAW Retiree Medical Benefits Trust non-Medicare members	Yes TurningPoint	Yes TurningPoint	Yes TurningPoint
	Authorization is required for procedure codes in the document linked at left.				
	Refer to the Blue Cross Musculoskeletal Services page.			Refer to the BCN Musculoskeletal Services page.	
Medical oncology and supportive care drugs, managed through the Oncology Value Management program (See also: Radiation oncology)	Yes Starting Jan. 1, 2025, OncoHealth manages prior authorizations. Exception: MESSA doesn't participate in this program. Refer to the Blue Cross Medical Benefit Drugs page.	Yes, for participating groups For UAW Retiree Medical Benefits Trust non-Medicare members, Carelon manages prior authorizations. Starting Jan. 1, 2025, OncoHealth manages prior authorizations for other self-funded groups that participate in this program. <small>To determine which groups participate, see the commercial self-funded group participation list.</small> Refer to the Blue Cross Medical Benefit Drugs page.	Yes Starting Jan. 1, 2025, OncoHealth manages prior authorizations. Refer to the Blue Cross Medical Benefit Drugs page.	Yes Starting Jan. 1, 2025, OncoHealth manages prior authorizations for all fully insured groups and for self-funded groups that participate in this program. <small>To determine which groups participate, see the commercial self-funded group participation list.</small> Refer to the BCN Medical Benefit Drugs page.	Yes Starting Jan. 1, 2025, OncoHealth manages prior authorizations. Refer to the BCN Medical Benefit Drugs page.
	<ul style="list-style-type: none"> • Before Jan. 1, 2025, Carelon managed prior authorizations for all groups that had requirements under the program and for all individual members. • Gene and cellular therapy drugs require prior authorization through NovoLogix[®] when administered in an inpatient or outpatient setting. 				
Musculoskeletal procedures, other (See also: Joint surgery – knee, hip, shoulder)	Yes TurningPoint Authorization is required for procedure codes in the document linked at left. Refer to the Blue Cross Musculoskeletal Services page.	Yes, for select groups TurningPoint For UAW Retiree Medical Benefits Trust non-Medicare members Authorization is required for procedure codes in the document linked at left. Refer to the Blue Cross Musculoskeletal Services page.	Yes TurningPoint Authorization is required for procedure codes in the document linked at left. Refer to the Blue Cross Musculoskeletal Services page.	Yes TurningPoint Authorization is required for procedure codes in the document linked at left. Refer to the BCN Musculoskeletal Services page.	Yes TurningPoint Authorization is required for procedure codes in the document linked at left. Refer to the BCN Musculoskeletal Services page.

Summary of utilization management programs for Michigan providers

For Blue Cross commercial, Medicare Plus BlueSM,
Blue Care Network commercial and BCN AdvantageSM

Revised February 2025

Procedure or service	Is prior authorization required? / Who makes the determination?				
	Blue Cross commercial fully insured	Blue Cross commercial self-funded groups	Medicare Plus Blue	BCN commercial	BCN Advantage
Pain management	Yes TurningPoint Authorization is required for procedure codes in the document linked at left. Refer to the Blue Cross Pain Management Services page.	Yes, for select groups TurningPoint For UAW Retiree Medical Benefits Trust non-Medicare members Refer to the Blue Cross Pain Management Services page.	Yes TurningPoint Authorization is required for procedure codes in the document linked at left. Refer to the Blue Cross Pain Management Services page.	Yes TurningPoint Authorization is required for procedure codes in the document linked at left. Refer to the BCN Pain Management Services page.	Yes TurningPoint Authorization is required for procedure codes in the document linked at left. Refer to the BCN Pain Management Services page.
Physical, occupational and speech therapy with an autism diagnosis	No	No	Not applicable	No , for members under age 19 for all dates of service No , for members 19 and older for dates of service on or after Jan. 1, 2024 Yes , for members 19 and older for dates of service before Jan. 1, 2024, through eviCore healthcare Includes physical medicine services by athletic trainers and by chiropractors Refer to the BCN Autism page.	Not applicable
Physical and occupational therapy with a non-autism diagnosis	No	No	No	Yes eviCore healthcare Includes physical medicine services by chiropractors and by athletic trainers Refer to the BCN PT, OT, ST and Physical Medicine Services page.	Yes eviCore healthcare Refer to the BCN PT, OT, ST and Physical Medicine Services page.
Post-acute care (SNF, inpatient rehab, LTAC)	Yes Blue Cross Utilization Management Refer to the Blue Cross Post-Acute Care page.	Yes Blue Cross Utilization Management Refer to the Blue Cross Post-Acute Care page.	Yes Blue Cross Utilization Management Refer to the Blue Cross Post-Acute Care page.	Yes BCN Utilization Management Refer to the BCN Post-Acute Care page.	Yes Blue Cross Utilization Management Refer to the BCN Post-Acute Care page.

Summary of utilization management programs for Michigan providers

For Blue Cross commercial, Medicare Plus BlueSM,
Blue Care Network commercial and BCN AdvantageSM

Revised February 2025

Procedure or service	Is prior authorization required? / Who makes the determination?				
	Blue Cross commercial fully insured	Blue Cross commercial self-funded groups	Medicare Plus Blue	BCN commercial	BCN Advantage
Private duty nursing For: <ul style="list-style-type: none"> • HCPCS codes S9123 and S9124 • Members who have the benefit 	Yes, for select groups Utilization Management department Refer to the Blue Cross Private Duty Nursing page.	Yes, for select groups Utilization Management department Refer to the Blue Cross Private Duty Nursing page.	No	Yes Utilization Management department Refer to the BCN Private Duty Nursing page.	No
Proton beam therapy (For information about other radiation oncology procedures, see Radiation oncology below)	Yes eviCore healthcare Refer to the Blue Cross Oncology Services page.	Yes Carelon For all groups, including UAW Retiree Medical Benefits Trust non-Medicare members. Exceptions: UAW Retiree Healthcare Trust (group 70605) and UAW International Union (group 71714), Blue Cross and Blue Shield Federal Employee Program, State of Michigan plans and select Ascension Health groups Refer to the Blue Cross Oncology Services page.	Yes eviCore healthcare Refer to the Blue Cross Oncology Services page.	Yes eviCore healthcare Refer to the BCN Oncology Services page.	Yes eviCore healthcare Refer to the BCN Oncology Services page.
Radiation oncology, other than proton beam therapy (For information about proton beam therapy, see Proton beam therapy above.)	Yes eviCore healthcare Refer to the Blue Cross Oncology Services page.	Yes Carelon Medical Benefits Management (formerly AIM Specialty Health) For UAW Retiree Medical Benefits Trust non-Medicare members only except UAW Retiree Healthcare Trust (group 70605) and UAW International Union (group 71714) Refer to the Blue Cross Oncology Services page.	Yes eviCore healthcare Refer to the Blue Cross Oncology Services page	Yes eviCore healthcare Refer to the BCN Oncology Services page.	Yes eviCore healthcare Refer to the BCN Oncology Services page.
Radiology procedures (high-tech imaging)	Yes Carelon Medical Benefits Management (formerly AIM Specialty Health) Refer to the Blue Cross Radiology Services, High Tech page.	Yes Carelon For all groups, including Blue Cross and Blue Shield Federal Employee Program and UAW Retiree Medical Benefits Trust Excluded are State of Michigan plans and select Ascension Health groups Refer to the Blue Cross Radiology Services, High Tech page.	Yes Carelon Refer to the Blue Cross Radiology Services, High Tech page.	Yes Carelon Refer to the BCN Radiology Services, High Tech page.	Yes Carelon Refer to the BCN Radiology Services, High Tech page.

Summary of utilization management programs for Michigan providers

For Blue Cross commercial, Medicare Plus BlueSM,
Blue Care Network commercial and BCN AdvantageSM

Revised February 2025

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Sleep studies – in lab	<p>Yes</p> <p>Carelon Medical Benefits Management (formerly AIM Specialty Health)</p> <p>Refer to the Blue Cross Sleep Studies page.</p>	<p>Yes</p> <p>Carelon</p> <p>For all groups except Blue Cross and Blue Shield Federal Employee Program, State of Michigan plans and select Ascension Health groups</p> <p>Refer to the Blue Cross Sleep Studies page.</p>	<p>No, for dates of service on or after Oct. 9, 2023</p> <p>Yes, for dates of service before Oct. 9, 2023</p> <p>Carelon</p> <p>Refer to the Blue Cross Sleep Studies page.</p>	<p>Yes</p> <p>For dates of service on or after Sept. 1, 2023</p> <p>Carelon</p> <p>Refer to the BCN Sleep Studies page.</p> <p>For dates of service before Sept. 1, 2023</p> <p>BCN Utilization Management</p>	<p>For dates of service on or after Oct. 9, 2023</p> <p>No, if the provider is network with the member's plan</p> <p>Yes, if the provider isn't in network with the member's plan</p> <p>BCN Utilization Management</p> <p>Refer to the BCN Sleep Studies page.</p> <p>For dates of service before Oct. 9, 2023</p> <p>Yes</p> <p>BCN Utilization Management</p>
Speech therapy with a non-autism diagnosis	No	No	No	<p>Yes</p> <p>eviCore healthcare</p> <p>Refer to the BCN PT, OT, ST and Physical Medicine Services page.</p>	<p>Yes</p> <p>eviCore healthcare</p> <p>Refer to the BCN PT, OT, ST and Physical Medicine Services page.</p>
Spine surgery – cervical and lumbar	<p>Yes</p> <p>TurningPoint</p> <p>Authorization is required for procedure codes in the document linked at left.</p> <p>Refer to the Blue Cross Musculoskeletal Services page.</p>	<p>Yes, for select groups</p> <p>TurningPoint</p> <p>For UAW Retiree Medical Benefits Trust non-Medicare members</p> <p>Authorization is required for procedure codes in the document linked at left.</p> <p>Refer to the Blue Cross Musculoskeletal Services page.</p>	<p>Yes</p> <p>TurningPoint</p> <p>Authorization is required for procedure codes in the document linked at left.</p> <p>Refer to the Blue Cross Musculoskeletal Services page.</p>	<p>Yes</p> <p>TurningPoint</p> <p>Authorization is required for procedure codes in the document linked at left.</p> <p>Refer to the BCN Musculoskeletal Services page.</p>	<p>Yes</p> <p>TurningPoint</p> <p>Authorization is required for procedure codes in the document linked at left.</p> <p>Refer to the BCN Musculoskeletal Services page.</p>

Summary of utilization management programs for Michigan providers

For Blue Cross commercial, Medicare Plus BlueSM,
Blue Care Network commercial and BCN AdvantageSM

Revised February 2025

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Transplants	<p>Yes</p> <p>Blue Cross Human Organ Transplant team</p> <p>Refer to the Blue Cross Transplant Services page.</p>	<p>Yes</p> <p>Blue Cross Human Organ Transplant team</p> <p>Refer to the Blue Cross Transplant Services page.</p>	<p>No</p>	<p>Yes</p> <p>Human Organ Transplant team</p> <p>Refer to the BCN Transplant Services page.</p>	<p>No</p> <p>For dates of service on or after Jan. 1, 2024</p> <p>Yes</p> <p>For dates of service before Jan. 1, 2024</p> <p>Human Organ Transplant team</p>

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